Big changes are taking place within the infrastructure of the Student Disability Services Student Advisory Board (S.D.S. S.A.B.). In an effort to better streamline its student advisory process, Associated Students (A.S.) has disbanded all of its Student Affairs advisory boards and consolidated into one new and improved Student Affairs Advisory Board. Student Affairs is the division of the University that oversees all aspects of student life on campus. This way, Associated Students can more effectively advocate for University policy that is in the best interest of the students by working more closely with the top Student Affairs administrators instead of the individual divisions. The 16 divisions of Student Affairs range from Student Rights and Responsibilities to the Cashiers Office, to the Calpulli Health Center.

However, the S.D.S. S.A.B. has not been forgotten. The Board has chosen to remain intact and is now under the jurisdiction of SDS Director Mary Shojai. Furthermore, the S.D.S. S.A.B. has a voting seat on the new A.S. Student Affairs Board.

This is expected to be a positive change for students with disabilities at SDSU because the S.D.S. S.A.B. will be able to harness the direct connections that the Student Affairs Board has created with top University and A.S. administrators. This direct connection will make issues affecting students with disabilities more visible on campus, which could ultimately lead to greater change. Student Affairs Board Chair Isaac Castro confidently said, “I think this is a good thing for the advisory boards because now there is the potential for better communication between departments. This way we can see what other groups are doing, you know?”

As an example, this semester the Deaf Studies major was suspended at SDSU due to budget cuts. In opposition to this action the S.D.S. S.A.B. took this issue to the Student Affairs Board where they secured their support. The S.D.S. S.A.B. is (Continued pg. 2)

As Associated Students Disability Commissioner, I am proud to say, we have a voice on access issues and anywhere else it may lead us, and the voice is strong. Limitations are endless in this position, and I vow to represent all those on campus with any disability. If anyone reading this article has any disability issue on campus feel free to leave me a note about this situation, I will see what I can do. As a direct link serving as a cabinet member under the A.S. President, whose goal is to better A.S. student communication, is kept in mind as a blueprint to my suggestions and projects. My purpose on the A.S. Council is not to be popular, but to advocate for those who feel unheard.

President Boden’s goal is so open ended that it does not limit any of the cabinet members from being as creative in our endeavors as we want to be. Everything I have or want to accomplish is a team effort, so I cannot take full credit. If there is any problem I will do what I can, my position allows me to bring things to the Council’s attention and work on my own agenda concerning the needs of people with disabilities and also the betterment of our school. I can make suggestions to the right people be it other Commissioners, our newly appointed Freshmen Interns, or immediate Associated Students.

Please do not hesitate to contact me with disability related concerns at:
Alan Wubenhorst
Government Affairs Office
Aztec Center Student Union
5500 Campinelle Drive
San Diego, California 92182-7804
(619) 594-6555
You can also hand deliver anything for me at the front desk of the Government Affairs Office (GAO). I look forward to hearing from you.

Alan Wubenhorst
S.D.S. S.A.B. Newsletter
Challenged Athletes Triathlon

On Sunday, October 25th, the annual Challenged Athletes Foundation (C.A.F.) Triathlon was held in La Jolla, CA. C.A.F. raises money to help people with physical disabilities start living a healthier lifestyle and compete in athletic events. C.A.F. was founded in San Diego by friends of Jim Maclaren, who was hit by a car while training for a triathlon. Although Jim became paralyzed from the neck down he still wanted to be able to participate in triathlons and that is how the C.A.F. was started. Since 1994 they have raised over 21 million dollars to support challenged athletes. Whether it is giving them a handcycle or a new prosthetic leg for running, they are always encouraging healthy, active lifestyles. The Triathlon raises the bulk of their money.

There were many events put on throughout the weekend. The San Diego Triathlon Challenge (S.D.T.C.) is a 1.2 mile swim, 56 mile bike, 13.1 mile run. Both disabled and able-bodied people can participate in the race or they can do individual legs as a three-person team. There were tons of athletes from ages 5 to 60. The race started off at the La Jolla coast with the swimming portion, people lined the cliffs to cheer them on, as well as surfers and lifeguards in the water who encouraged the swimmers. Next came the bike ride, this was a 56 mile ride around the city of San Diego. Then it was time for the 13.1 mile run. Family and friends cheered as they ran through the streets of La Jolla, up to Torrey Pines Park and back down the coast. The finish line was full of yells, laughs, and hugs. Every athlete, both disabled and not, accomplished such big things that day, and you could tell by the looks on their faces, that they were proud.

This is such an awesome event that the Challenged Athletes Foundation puts on each year because it gives so many people with disabilities the chance to compete in very challenging races. Although it is competitive, the C.A.F. triathlon, is a fun event the whole family can get involved in.

Vanessa Fadden

(Continued from pg. 1)

considering presenting a resolution through the Student Affairs Board, which could end up on the agenda for consideration by the A.S. Council if passed. This is only the first of many good things to come from the creation of the Student Affairs Board.

Daniel Brown

Volunteering

The alarm clock goes off at 6:30am and you hop out of bed knowing that you have many things to do before the day is over; take out the trash, feed the dog, study for an exam, go to a meeting, write a paper, and the list goes on. In our busy lives, we sometimes forget to take a moment to help someone or make a difference. Volunteering your time may seem menial, but taking time to make a difference changes your perspective on life and you realize that the tasks you set for yourself each day mean nothing as much as helping someone.

There are plenty of opportunities in San Diego to fit your interest and your schedule. Volunteering is a great way to give back to San Diego. Here are some helpful websites:

- **www.sharp.com** matches you up at Sharp Hospital with a department of interest like the emergency room, labor and delivery, front desk, etc. However, there is a commitment of four hours a week.
- **www.alvarado.com** also matches you at Alvarado Hospital to a department of interest, and it is conveniently located close to campus.

There are many more websites and organizations that would really appreciate your time. The feeling of helping someone is a feeling you can’t get anywhere else! The alarm clock goes off again at 6:30 am and you hop out of bed putting on your volunteer uniform and smiling as you leave the door.

Crystal Nguyen