Bibliography & Recommended Reading

**RETENTION**


Duggan, M. (2004). Being from home where English was not the primary language as social capital and its impact on first-year persistence of 4-year college students: Preliminary findings. Boston, MA: Association for Institutional Research.


**RESILIENCY**


**PERSISTENCE**


TIME MANAGEMENT / PROCRASTINATION


SOCIAL SUPPORT / GRATITUDE


STRESS MANAGEMENT


SELF-UNDERSTANDING


**STUDY SKILLS**


**FEELING GOOD/EMOTION REGULATION**


**Meaning**


**General References**


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